


# OCTOBER 2010

Days marked * have had changes since last published.			Participation Key			
Sunday	Monday	Tuesday	All Squads Wednesday	Varsity Only ( V ) Thursday	JV Only ( JV ) Friday	Frosh Only ( F ) Saturday
					10/1/2010	10/2/2010
					Varsity @ Oxford 7:00 PM	Saturday Practice* V Practice 10-12 AM
					Regular Pract Sch	
10/3/2010	10/4/2010	10/5/2010	10/6/2010	10/7/2010	10/8/2010	10/9/2010
			Frosh Pasta Party JV Pasta Party	Frosh v Harrison 4:30 Home JV v Harrison 6:30 Home Varsity Practice - Pasta Party	Varsity @ Harrison 7:00 PM	Saturday Practice* V Practice 10-12 AM
Regular Practice Schedule 2:30-5:30 - Coach will advise						
10/10/2010	10/11/2010	10/12/2010	10/13/2010	10/14/2010	10/15/2010	10/16/2010
				Frosh @ TBD 4:30 PM JV @ TBD 6:30 PM Varsity Practice - Pasta Party	Varsity v TBD 7:00 PM Home <b>HOMECOMING</b> *	Saturday Practice* V Practice 10-12 AM <b>HOMECOMING DANCE</b>  *
Regular Practice Schedule 2:30-5:30 - Coach will advise						
10/17/2010	10/18/2010	10/19/2010	10/20/2010	10/21/2010	10/22/2010	10/23/2010
				Frosh @ Stoney Crk 4:30 PM JV @ Stoney Crk 6:30 PM Varsity Practice - Pasta Party	Varsity v Stoney Crk 7:00 PM Home <b>SENIOR NIGHT</b>	Saturday Practice* V Practice 10-12 AM
Regular Practice Schedule 2:30-5:30 - Coach will advise						
10/24/2010	10/25/2010	10/26/2010	10/27/2010	10/28/2010	10/29/2010	10/30/2010
	* EAT WINGS! FUNDRAISER 					Saturday Practice* V Practice 10-12 AM
10/31/2010						

\* PASTA PARTY  
 VAN HOUSEN CAFETERIA  
 DUE TO AHS CONFERENCES



Saturday Practices are determined by the coach on the previous day.